

Lori Martini

Biography



Lori Martini, Bereaved Parent and Consultant

Lori is a bereaved parent, author, speaker, stillbirth advocate, peer support parent, coach and consultant on pregnancy and infant loss. She is the author of **“Healing From The Start,”** which is a **FREE** empowering coaching manual for care providers who support newly bereaved families enduring perinatal loss. www.HealingFromTheStart.com

Lori has been speaking with medical & nursing staff regularly for several years now on her stillbirth experience, the **“Healing From The Start”** manual that she developed, as well as the How’s and Why’s of giving 'above and beyond' compassionate grief care to newly bereaved families. She is not only passionate about providing peer support to bereaved families, but is extremely dedicated to offering support to the caregivers who are there in the moment of a loss. Lori feels very strongly that the caregivers deserve and need as much support as do the families who are enduring a perinatal loss. As she puts it, “If both sides are fully supported, it can only be a win-win healing opportunity for everyone.....and this will carry over ten fold in both the families and caregivers' grief journeys.”

Praise for Lori's work

“I would have been lost without Lori. A couple that I work with and am close friends with, went into labor at 5 months and lost their sweet baby girl, “Kayla Elizabeth.” I was devastated, was grieving the loss of Baby “Kayla” and angry that this had to happen to my sweet friends. Lori helped me so much by making me aware of how important it was to talk to my friends rather than running and hiding like I would usually do. Because Lori has lost a baby herself, she was able to share with me some very special things that meant so much to her, that I could pass along to my friends, even in the earliest stages of their loss. Like the importance of having pictures made of Kayla, their rights as parents at the hospital as well as their baby, “Kayla’s” rights. Lori, also came to my work and spoke to a group of our co-workers on how to support our friends during their time of grieving. Not only was her insight and information helpful for us to support our friends, but it also helped some in our group cope with Perinatal losses that they had stuffed away and never were able to grieve or talk about themselves. Lori has helped me and some of my friends at work to change the way we would normally react when supporting our friends that have lost a loved one and I know that she has made an impact on my friends who have lost their baby by helping me to get critical information to them right away to help them cope. Lori is a true friend to those in times of need, has an abundance of wisdom, knowledge and insight along with strength and compassion that is helpful to all who are going through a Perinatal loss.”

Patty (Friend & Co-Worker to newly bereaved family)

“Lori and I became acquainted a few months after my son Bryce was born still, our very dear friend Sherokee Ilse connected us. Lori is one of the few blessings that came into my life, during this terrible time; she was and still is an Angel that was sent to help me heal. Her words of wisdom, and constant encouragement helped me get through the weeks that lay ahead of me. We emailed every week and Lori’s emails were always something for me to look forward to. Lori not only helped me deal with the day to day grieving that I was going through, but she also was my biggest support during my pregnancy following the loss of my son. I know that because of Lori’s strength and help, things went much smoother than I had ever expected! My grief journey is coming up on to two years and even now we still are in communication....actually I cannot imagine not having her be part of my life. Forever and always Lori and I will be connected...”

Charmayne (**Bereaved Parent in subsequent pregnancy**)

“I can’t tell you how many staff approached me in the days following the perinatal bereavement conference that Lori presented at to say how meaningful it was to hear her speak and that it would truly help them improve the care they give to bereaved parents from now on.”

(**OB Nurse Specialist**)